

HAPNB Education: A New Way to Help Youth in Crisis

SON, Jang Ho (jhson@dnue.ac.kr)

This study explores HAPNB education as a new way to make children happier and solve their emotional problems. It uses big data to verify the effectiveness of this model. HAPNB stands for the Human-Animal-Plant-Nature Bond. It teaches how humans, animals, and plants coexist and help each other. This connection supports brain development and emotional health. It is a practical part of Korea's 2022 Revised Curriculum for "Ecological Transformation Education."

The study reviewed theories and analyzed 3,380 online news articles from 2020 to 2024. It used professional methods like text mining and data analysis to see how HAPNB education impacts society. The study found a strong link between HAPNB education and emotional healing. This means connecting with nature helps young people heal their minds. HAPNB is also a powerful tool for solving social problems. It is 2.59 times more effective at stopping school violence, 2.27 times for addiction, and 2.05 times for reducing stress.

In conclusion, we need trained teachers, better school programs, and teamwork between experts. HAPNB education is an essential tool for a sustainable and happy future for our children.

SON, J.H.(2021). Implications of HAPNB (Human-Animal-Plant-Nature Bond) education. *Journal of Happiness And Affluence Studies*, Vol, 10(1), 15-32.